

8th Annual Veterans Heritage Ridge Run

- ★ 5K Trail Run
- ★ 10K Rucksack Run
- ★ 1 Mile Fun Walk

Presented by
Veteran Heritage Site Foundation &
Vietnam Veterans of America Chapter 1078

April 25, 2026

9:00 a.m. Race Starts. Check in and on Site registration starts at 8:00 AM



Sharp's Ridge Veterans Memorial Park
Starting Line: Lincoln Park
Technology Trade Center
535 Chickamauga Avenue
Knoxville, TN 37917



The **8th Annual Veterans' Ridge Run** is an event for JROTC to compete for the Ridge Cup and for runners to be aware of the city's Veterans Park. Many runners come to support the Sharp's Ridge Veterans Memorial Park and Veterans Heritage Site Foundation. The Run will be on the Trails on Sharp's Ridge.

Rucksack runners will carry a rucksack with 10 pounds of food to bring awareness to the 22 veterans who commit suicide daily due to carrying the burdens of PTSD. Also the 10K Ruck is to bring awareness to homelessness in veterans and Mayor Glenn Jacobs new Hero Hill, a new tiny home for Knox County homeless veterans. The food will be donated to Second Harvest.

JROTC will compete for the Ridge Cup for the High School Jr ROTC and the JROTC teams which will be sponsored so there is no cost to the students. R2Factor is also working with the JROTC teams.

Sign up for one of the following: **5K; 10K; Fun Walk/Run; Supporter** at:

<https://runsignup.com/race/tn/knoxville/theveteransheritageridgerun5k?remMeAttempt=>

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